



## 1-2-3 魔术亲子教育课程 (汉语普通话)

### 1-2-3 Magic Parenting Education Course in Mandarin

**Address 地点:** Suite 4, Level 2, 59 Evaline Street, Campsie (Mertro MRC )

**Date 日期:** 12, 19 & 26 May, 2011 ( Thursdays)

**Time 时间:** 10am -12:00pm

每期2 小时 (共3期)

此课程针对家里有  
2-12岁孩子的家长

此课程简单易学，结构合理并能够全方位地帮助家长们：

- 学习如何处理孩子的捣蛋行为，譬如发脾气，大喊大叫，动手打架，习惯顶嘴等...
- 获得如何既平静温和又坚决地管教孩子的知识，技巧和信心
- 教授孩子把握情绪适应的技巧
- 学到一些实用的方法，维护孩子的尊严，鼓励孩子的自信，保持家长和孩子情感控制的能力，也帮助家长从养育孩子的经历中获得人生的乐趣。

A three 2- hour sessions program aimed at parents with children 2 – 12 years old

This course is easy to learn, well structured & designed to help parents in a holistic approach:

- learn how to manage children's misbehaviors such as tantrums, yelling, fighting and arguing etc.
- Gain the knowledge, skills and confidence to discipline children calmly, gently but firmly
- Teach your child skills for emotional resiliency
- learn practical skills to preserve the dignity of the child, promote the confidence of the child, maintain the self-control of the parent and child, help make parenting an enjoyable experience

**Presenter: Ms Anna Liu from ParentCalm**

**For booking contact : Mandy 02 9784 8129 or 0406 233 222**

